

## WHAT THE Y DID LAST YEAR

79 Y programs served  
3,300 youth and teens  
38 Y health programs built  
4,200 adults and  
500 seniors  
In total, we served 8,000 people

212 individuals given assistance  
72 youth in camp and A/S  
140, all ages in programs  
\$120,000 awarded in scholarships  
ensured access and a  
means to improve lives

## WHAT THE Y NEEDS HELP FOR THIS YEAR

Instructors and programs at the  
Los Alamos Teen Center &  
Espanola Teen Center

Scholarships for after school,  
camp and membership

Free classes for chronic disease  
management and diabetes  
prevention

Outdoor based service-learning  
programs for youth

**1 in 5 kids at our Y benefits from a scholarship.**



**Please help us keep everyone in the picture.**

**THE FAMILY YMCA**  
1450 Iris Street  
Los Alamos, NM 87544  
505.662.3100  
laymca.org

PRESORTED  
STANDARD  
U.S. POSTAGE PAID  
LOS ALAMOS, NM  
PERMIT NO. 152



**ANNUAL  
CAMPAIGN  
2014**

## SO THAT ALL MAY BELONG

**Scholarship Drive  
THE FAMILY YMCA**



**1 in 5 kids at our Y  
benefits from a scholarship**

**We're more than a gym. We're a cause.**

## ENCOURAGEMENT

Dear All,

Reviewing applications for financial aid is truly a humbling experience.

I communicate with each by email or telephone, and all of them share their overwhelming relief, appreciation, joy, and gratitude because the Y's assistance has helped them, their family or children.

Donors do important work. You are helping children access safe, supervised childcare so parents can work.

I receive at least one scholarship application a day now as we are enrolling for Camp and After School.

Yesterday, I spoke with a grandmother who lost her daughter, and she is now raising her 10-year-old granddaughter. She is on very limited income, working as a housecleaner and caregiver. Thanks to the Y, her granddaughter will be in Summer Camp, Y After School and will also take Jujitsu classes.

Something very compelling happened to me this morning. I spoke to a woman who is on disability, whose husband works for the County and their two young children have learning disabilities. Their counselor recommended Y camp so that the children could regularly interact with other kids and learn new games, art, and skills. When I told her she qualified for maximum assistance, she began to weep. She did not think she could afford to send both children and was wondering who to send. With this assistance, both children can attend.

I cannot express my gratitude enough. As part of my job, I get to give peace of mind to my fellow neighbors but it is only through our collective efforts. Thank you, thank you!

Linda Daly, CEO  
The Family YMCA

# DONATIONS ENSURE ACCESS FOR ALL

## YOUTH & TEENS

Donations help support our teen centers and the creation of enriching out-of-school-time programs.

10/30/13

Dear YMCA After School Program,

I am a full-time student at UNM-LA and a full-time single mother of two wonderful children. Before I enrolled my children into the YMCA After School Program I was stressed out and almost to the point where I couldn't keep up with my kids and school. I was really struggling to find time to study and get my school work done in time and my grades were really beginning to show it. Since I have enrolled my two children into the Y Program two days a week, my grades have improved a full letter grade. Also, I was even asked to join the honor society because of my outstanding grades, which I have accepted. I could not have done this without the Y Program and their scholarship program. I have very little income and if it were not for the scholarship program I would not have been able to afford the Y Program.

I just want to thank all of the people who make the scholarship program possible and for changing three peoples' lives for the better. Thank you all!

- Amanda



## FAMILIES

Support provides access to healthy options for parents and their children.

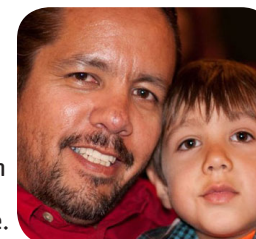
To Whom It May Concern,

10/4/13

The Y scholarship that my family has received has made a huge difference in the quality of our lives. My wife has experienced some chronic health conditions, which have consumed much of our limited finances.

Several years ago, my two older boys and I enrolled in Tae Kwon Do at the Y, and both my eldest and I have earned black belts. My middle son earned a brown belt and my youngest, who is only eight years old, has just earned his yellow belt. With our finances being so sparse at this time, the Y scholarship has allowed us to continue participating in Tae Kwon Do, when we would have had to drop out without the assistance.

Tae Kwon Do has been very important for me personally over the years. It is my primary form of exercise and it has been important for me emotionally to have a healthy place where I can focus my frustration and anxiety in life. Additionally, earning my black belt was incredibly rewarding and it is something that I really want my kids to have available to them. I very much appreciate the support of people who make these scholarships possible. It has been an emotional lifeline for me and my family. My eight-year-old loves Tae Kwon Do and looks forward to every class. Thanks! Mike Adams



## HOW YOU CAN HELP OTHERS THRIVE

\$50  
One month membership

\$500  
YES Corps

\$100  
Basketball

\$1000  
Camp

\$250  
Tutor/week

\$2500  
After School for a year

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

1) Donation for:  
\_\_\_ Most Need \_\_\_ Española \_\_\_ YMCA  
\_\_\_ Other: \_\_\_\_\_

2) \_\_\_ One time payment of: \_\_\_\_\_  
OR  
\_\_\_ Monthly donation of: \_\_\_\_\_

3) Pay by:  
\_\_\_ Check  
\_\_\_ EFT or  
\_\_\_ Credit Card/Name: \_\_\_\_\_  
Card #: \_\_\_\_\_  
Expires: \_\_\_\_\_  
Signature: \_\_\_\_\_

Or donate at [www.laymca.org](http://www.laymca.org)